



DEMENTIA EMPOWERMENT
NETWORK

RÉSEAU D'AUTONOMISATION
DES PERSONNES ATTEINTES
DE TROUBLES NEUROCOGNITIFS

Key Factors for Starting a New Group

FINDING MEETING SPACES AND MEMBERS

FINDING A MEETING SPACE

Contact different agencies
and buildings like:

- libraries
- community centres
- senior centres
- care homes
- local coffee shops and restaurants

FINDING NEW MEMBERS

Advertise your group starting up...

- in bulletin boards
- at the library
- on facebook
- in the local paper
- by word of mouth

Some groups have had more success referring to 'memory issues' rather than dementia, because of the stigma associated with the diagnosis.



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CARE PARTNERS - Consider having a peer support group at the same time in a different area or room!



FOR MORE INFORMATION:



www.denoices.ca

TIPS FOR MAKING OTHERS FEEL INCLUDED

- ✓ Ask questions
- ✓ Use members' names
- ✓ Be non-judgmental
- ✓ Be compassionate

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