

KEY FACTORS FOR

The DEN: Empowering Dementia Voices,
Connecting People, and Growing Together

STARTING A NEW GROUP



Finding a meeting space: Contact different agencies and buildings like: libraries, community centres, senior centres, care homes, local coffee shops and restaurants.

Finding new members: Advertise your group in bulletin boards, at the library, on facebook, in the local paper, by word of mouth.

*some groups have had more success referring to 'memory issues' rather than dementia



Making others feel included: Ask questions, use members' names (name tags help!), be non-judgmental and compassionate.

Build a supportive group environment: talk to the group about their interests, create group goals/guidelines all members agree on, develop friendships and connections within your own group and amongst other DEN groups.



VISIT WWW.DENVOICES.CA FOR MORE INFORMATION



DEMENTIA EMPOWERMENT
NETWORK

RÉSEAU D'AUTONOMISATION
DES PERSONNES ATTEINTES
DE TROUBLES NEUROCOGNITIFS



Financial contribution from



Public Health
Agency of Canada

Agence de la santé
publique du Canada

*The views expressed herein do not necessarily represent
the views of the Public Health Agency of Canada